

September 6, 2026

	SUNDAY 6	MONDAY 7	TUESDAY 8	WEDNESD... 9	THURSDAY 10	FRIDAY 11	SATURDAY 12
Culinary Classics 	Meatloaf 		Southern Style Fried Chicken	Country Fried Steak w/Gravy	Chase's Day! Hamburger Steak & Gravy	Fried Fish	Lemon Pepper Wings 
American Grille 	Cold Cut Sub		Cold Cut Sub	Ham Wrap	Grilled Chicken Breast on Bun	Turkey Wrap	Buffalo Chicken Wrap
Salad Sensations 	Buffalo Chicken Salad		Fried Chicken Salad	Deli Tuna Salad 	Grilled Chicken Salad	Deli Tuna Salad 	Chef Salad

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.