

October 18, 2026

	SUNDAY 18	MONDAY 19	TUESDAY 20	WEDNESD... 21	THURSDAY 22	FRIDAY 23	SATURDAY 24
Culinary Classics 	Meatloaf 	Spaghetti & Meat Sauce	Southern Style Fried Chicken	Roasted Pork Loin	Chase's Day! Beef Taco	Fried Fish	Baked Leg Quarter
American Grille 	Cold Cut Sub	Turkey Wrap	Cold Cut Sub	Ham Wrap	Grilled Chicken Breast on Bun	Turkey Wrap	Buffalo Chicken Wrap
Salad Sensations 	Buffalo Chicken Salad		Fried Chicken Salad	Deli Tuna Salad 	Grilled Chicken Salad	Deli Tuna Salad 	Chef Salad

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.